



Aikido weekend seminar
with
Matthew Hill Sensei 5 dan

Göteborg, March 2 - 3/2013

“if nothing changes, then nothing is changing”

In March 2013 Aikido Dojo Gamlestaden invites you to one of the years most inspiring seminars, repeating last years success with Matthew Hill Sensei.

In his teaching Matthew always strives to leave a lasting legacy that will enable you to keep developing after the seminar, wanting to make sure that *something changes* to improve your training and understanding during the seminar.

If you are seeking to truly develop your Aikido and if you are looking for new inspiration and challenges in your training, then this is one seminar you should not miss.

Matthew was awarded 4th dan by Morihiro Saito Sensei in 1996. He continues to study the Aikido of Iwama through Saito Sensei's son and successor Hitohira Saito Sensei. He received his 5th dan from Saito Sensei in 2006 and is now his representative in the UK.
(read more at: www.matthill.co.uk)

Schedule & pricing

Training schedule

Sat/Sun: 10.00 - 17.00 (cirka)

Enquiries & registration:

If you have any questions regarding the seminar, please e-mail adg.strongsen@gmail.com. This is also where you send your registration.

Fee & payment:

The seminar fee is SEK 550

Please make your payment to Swedbank (Mats S)
8353-5,3 660 229-0

Location:

The seminar will be in the ADG dojo in Gamlestaden, Göteborg (directions: www.aikidodojogamlestaden.se)

More:

Bring your own lunch.
Sleeping in dojo is possible.
Dinner Saturday night



AIKIDO DOJO GAMLESTADEN
www.aikidodojogamlestaden.se