



PAT HENDRICKS

SENSEI 7TH DAN



PROMOTION CELEBRATION SEMINAR
GÖTEBORG OCTOBER
13-14



Once again we are happy to invite Aikido practitioners of all levels and styles to a dynamic, inspiring and joyful weekend seminar with Pat Hendricks Sensei. There will be two full days of training and a party on Saturday evening.

Location: Frölunda Judoklubb, Reningsverksgatan 3, Västra Frölunda (training and sleeping).

Fee: Training fee 650 SEK (if paid before August 13th), 750 (if paid after August 13th). Party 250 SEK.

Registration & payment: Register by sending an e-mail to adg.stromsen@gmail.com, including your name, home dojo and contact information. Payment is made to Swedish Plus Giro 462 37 05-3 (Aikido Dojo Gamlestaden). Please note that there is a discounted training fee if you make your full payment before August 13th. Non Swedish participants may pay on location.

Preliminary schedule: Sat/Sun: 10.00-12.00 keiko 1+2, 12.00-14.00 lunch, 14.00-16.00 keiko 3+4

Also: All participants must be fully insured. Don't forget to bring your own jo and bokken and, most importantly: your best training spirit! **WELCOME!**

