

**LEWIS
BERNALDO
DE QUIROS**
10-12 May 2013 in Lund



Lunds Aikidoklubb welcomes all aikidokas, irrespective of style or rank, to another spring seminar in Lund with Lewis Bernaldo de Quiros Sensei, 6th dan. From 1986 until 1993 Lewis de Quiros trained under the late Morihiro Saito Sensei in the Iwama Dojo in Japan. He has been busy ever since teaching Aikido both at home in the Netherlands and abroad in seminars throughout Europe. Lewis is the senior instructor of Takemusu Aikido Kyokai Nederland (TAKN) and well known for his inspiring and dynamic teaching. We are very happy to invite him once again to Lund!

SCHEDULE

Friday 10th of May: 11.00–17.00
Saturday 11th of May: 10.00–16.00
Sunday 12th of May: 09.00–15.00

LOCATION

Bollhuset in Lund (Fasanvägen 2).

SEMINAR FEE

The fee for the seminar is 800 SEK. For two days training the fee is 600 SEK, for one day training 400 SEK. Please note that a 200 SEK registration fee should be paid no later than the 1st of May. Payment can be made to BG 5861–6459.

ACCOMODATION

The dojo of Lunds Aikidoklubb is open, free of charge, for those who need somewhere to sleep.

PARTY

A party, with dinner and cakes, will be held in the dojo of Lunds Aikidoklubb at Saturday evening for a cost of 150 SEK.

REGISTRATION

Please make your registration at www.lundsaijido.se/lewis2013. You need to be insured to participate in the training.

INFORMATION

More information can be found on www.lundsaijido.se/lewis2013. Questions can be answered by Moa Lindell: moalindell@gmail.com or 0046-732-53 87 82.

Don't forget to bring bokken and jo! Welcome!

